



Invitation

Landvetter Kata Open 2026

Landvetter Kata Open is a Kyokushin Kata tournament for children, cadets, juniors and seniors. It is open to all Kyokushin groups and organisations that would like to participate and test their skills under the Landvetter Kata Open Regulations.

This competition is for everyone that enjoys Kata, from beginners and first-time competitors to more experienced kata competitors. It is also about meeting other fellow competitors and teams under the traditional Kyokushin values and exchange kata experience. We especially encourage all (young and old) who have never competed before to participate.

New for this year is Team Kata with point system.

When and where?

The event will take place on **Saturday 14th of November 2026** at Pinntorpsshallen Arena, Pinntorpsvägen, Landvetter, Sweden.

8:30 – 9:30: Participants sign-up together with their coach

9:30: Start meeting with coaches and referees

10:00: Opening ceremony

10:30: Start tournament (7–15 years)

Approx. 12:30 – 13:30: Lunch

Approx. 13:30 – 16:00: Tournament continues (16 years and up)

Approx. 16:15 – 16:45: Team kata (All ages)

Registration and fees

Entry fee for participants is 350 SEK (early bird 300 SEK before 1st of September). Registration and payment can be made using Smoothcomp ([LINK](#)). Latest registration date is 31st of October. Participants who cancel before 31st of October will be fully refunded and before 7th of November will be 50% refunded. Entry fee for spectators is 100 SEK (adults) and 50 SEK (children older than 8 years). It is important to add correct belt in your Smoothcomp profile.

Referees requested!

We will make use of 2 tatami's. We would like to ask you to bring some referees in order to make sure the tournament runs smoothly. Please inform us about referees by mail to: kataopen@landvetterkarate.se

Points of attention

Participants are obliged to wear their back number when they are on the tatami. We will foresee safety pins to attach your back number.



Categories

Each category can be changed at the day of the tournament depending on the registrations per category. If there is no category for the age of your participant, then your participant can be registered in a higher age category if possible.

Grade	7-10 Years	11-15 Years	16 Years and up	45 Years and up
9-10 Kyu (8-12 Mon)	x	x	x	
7-8 Kyu (6-7 Mon)	x (8 Kyu, 7 Mon and up)	x	x	
5-6 Kyu (4-5 Mon)		x	x	
3-4 Kyu (3 Mon)		x (4 Kyu, 3 Mon and up)	x	
2 Kyu and up			x	
Veteran, 2 Kyu and up				x
Team Kata 7-15 years	x			
Team Kata +16 years			x	

Regulations

Grade 5-10 Kyu

In the first round judges will choose a kata depending on the grade of the participant.

In the second round the participant will choose a kata.

When the kata is finished, points will be awarded by 5 referees. The highest and lowest points will be eliminated. The other 3 points will be summated to receive a total. The sum of the two rounds will be added. The participant with the highest summated point wins.

First, second and third place will be awarded.

During a wrong execution of a kata, participants can decide before completion of the kata to redo it during a second attempt.

Grade 4 Kyu and up

In the first round the participant chooses a kata. When the kata is finished, points will be awarded by 5 referees. The highest and lowest point will be eliminated. The other 3 points will be summated.

The 12 best of each category go the second round. In this round the kata is chosen by the judges depending on the grade of the participant. The points of the first round will be summated with the points of the second round and the 6 best of each category go to the finals. In the finals each participant can again choose a kata for which he/she gets points for the last time. The earned points after each round will be summated and the participant with the highest score wins.

First, second and third place will be awarded.

During a wrong execution of a kata, participants cannot redo the kata.



Team Kata

A team can consist of the same gender or a mixed team (all men, all women or mixed team). A team consist of 3 members. A participant can only participate in one team.

In all three rounds the Team decide Kata. Kata should be different in all rounds.

The 12 best in the first round go the second round. The points of the first round will be summated with the points of the second round and the 6 best go to the finals. The earned points after each round will be summated and the participant with the highest score wins. First, second and third place will be awarded.

During a wrong execution of a kata, participants cannot redo the kata

Possible dedicated kata's (by the judges)

Grade				
10 Kyu 12-9 Mon	Taikyoku Sono I			
9 Kyu 8 Mon	Taikyoku Sono I	Taikyoku Sono II		
8 Kyu 7 Mon	Taikyoku Sono I	Taikyoku Sono II	Taikyoku Sono III	
7 Kyu 6 Mon	Taikyoku Sono II	Taikyoku Sono III	Pinan Sono I	
6 Kyu 5 Mon	Taikyoku Sono III	Pinan Sono I	Pinan Sono II	
5 Kyu 4 Mon	Pinan Sono I	Pinan Sono II	Pinan Sono III	
4 Kyu	Pinan Sono I	Pinan Sono II	Pinan Sono III	
3 Kyu 3 Mon	Pinan Sono III	Pinan Sono IV		
2 Kyu 2 Mon	Pinan Sono IV	Pinan Sono V	Gekisai Dai	
1 Kyu 1 Mon	Pinan Sono V	Gekisai Dai	Yantsu	Tsuki No Kata
Shodan	Gekisai Dai	Yantsu	Tsuki No Kata	Saiha
Nidan	Yantsu	Saiha	Gekisai Sho	Seipai
Sandan	Gekisai Sho	Seipai	Seienchin	Kanku Dai
Yondan	Kanku Dai	Garyu	Sushiho	Seienchin
Team Kata 7-15 years	Team chose kata for all rounds from Pinan Sono I and above, 3 different			
Team Kata + 16 years	Team chose kata for all rounds from Pinan Sono II and above, 3 different			

At the start of the tournament there will be a meeting for referees and coaches.

We welcome you all

Best regards,

Landvetter Kyokushin Karate dojo